



aging care  
connections

Because Aging Well Matters



## Looking for ways to stay connected, active, and learning?

Join free Aging Well Neighborhood classes for activities like fitness, health seminars, social programs, and more! New classes are available every month!

**Visit our  
website for  
this month's  
class schedule!**

**Questions?**  
Email us at  
AWN@agingcareconnections.org

**Feel free to  
share our class  
information  
and bring a  
friend!**

Developed with a founding grant from the Community Memorial Foundation (CMF) and continued funding from CMF, AgeOptions, The Russell and Josephine Kott Memorial Charitable Trust, Healthy Communities Foundation, Westlake Health Foundation, and individual donors, the Aging well Neighborhood brings together older adults, businesses, healthcare, and social services to promote life-long wellness, support aging at home, address chronic conditions, offer health education, and help build an age-friendly community.

#### **Anti-Discrimination Statement**

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-354-1323.

#### **Diversity Statement**

Aging Care Connections is committed to building a diverse, equitable, inclusive, accessible, and supportive work environment that fosters a sense of belonging. We believe that individuals with a variety of lived experiences, backgrounds, and strengths who share a passion for helping older adults and those that support them, are essential to successfully serving our diverse communities.

**Aging Care Connections**  
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