



The Memory Café

What is the Memory Café?

A Memory Café is a welcoming space for individuals with memory loss, mild cognitive impairment, early Alzheimer's, or dementia, along with their family and caregivers.

The Memory Cafe is a fun activity for you and your loved one to enjoy together! It is not another Respite care facility for loved ones to be dropped off. Many find friendship and a supportive community here, making it different from a traditional support group.

Join us for reminiscing, crafts, chair yoga, exercise, art, music, and more!

Dates, Times and Locations: 10:30 AM

1st Friday of every month at
Central Baptist Village
4747 N Canfield Ave, Norridge, IL 60706

3rd Friday of every month at
Aging Care Connections
111 W Harris Ave, La Grange, IL 60525

COST
Free

Questions?

Contact Tom Brennan
(708) 603-2258
or

tbrennan@agingcareconnections.org

Registration is encouraged, but walk-ins are welcome.

Some benefits of attending a Memory Cafe include reduced stress, decreased social isolation, peer support from other caregivers, information provision, and support from staff.

Funded in part by: 

Anti Discrimination Statement

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-354-1323.

Diversity Statement

Aging Care Connections is committed to building a diverse, equitable, inclusive, accessible, and supportive work environment that fosters a sense of belonging. We believe that individuals with a variety of lived experiences, backgrounds, and strengths who share a passion for helping older adults and those that support them, are essential to successfully serving our diverse communities.

Aging Care Connections

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