



HOMEMEDSSM MEDICATION MANAGEMENT

Are your medications putting you at risk? Avoid problems with a **HomeMeds**SM screening. As you get older, the way medications work in your body can change. And while medications are very important in helping to control many illnesses, they can also have serious side effects. Each year, nearly 100,000 older adults are admitted to the ER because of medication-related issues including falls, dizziness, heart issues, or confusion.

What is HOMEMEDS?

HomeMeds is a free review of all your medications by a pharmacist. If you answer YES to some or all of these questions, you may benefit from a review:

- You see multiple doctors
- You fill prescriptions at multiple pharmacies
- You have recently experienced a fall, dizziness, or unusual confusion
- You have recently been to the ER or hospital
- You take blood thinners or diabetes medications
- You take over-the-counter drugs or supplements
- You take medications to help you sleep

A staff member visits you at home to prepare a list of all your medications, including any over-the-counter drugs or supplements. This is reviewed by a specially trained pharmacist. If any problems are found, the pharmacist will work with you and your doctors to make sure that you are only taking the medications that are right for you.

Your doctors often have too little time with you to be able to ask important questions about how your medications are making you feel. They may not ask you about your over-the-counter medications, or any supplements you might be taking. That is why doctors are very happy when their patients bring them a complete list of all their medications, and when pharmacists call them to let them know of possible problems.

Call Aging Care Connections today to enroll in this FREE program!



HomeMeds, an innovation of Partners in Care Foundation, a non-profit, community-based organization, has been recognized as a highest level evidence-based healthy aging program by the US Administration for Community Living. www.picf.org/homemedscall

Anti-Discrimination Statement

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call 708-354-1323.

Diversity Statement

Aging Care Connections is committed to building a diverse, equitable, inclusive, accessible, and supportive work environment that fosters a sense of belonging. We believe that individuals with a variety of lived experiences, backgrounds, and strengths who share a passion for helping older adults and those that support them, are essential to successfully serving our diverse communities.

Aging Care Connections

111 W. Harris Ave., La Grange, Illinois 60525 | P: 708-354-1323
W: AgingCareConnections.org | E: info@agingcareconnections.org