
INFORMATION FOR OLDER ADULTS AND CAREGIVERS

What Happens When I Contact the ARC?

During a stay at the hospital or short-term rehab, an Aging Resource Specialist is available to talk with you about community resources and services.

The Aging Resource Specialist can speak with you and your family in person, over the phone, or via email. Together you can consider options and make decisions about what is needed when you return home.

The Aging Resource Specialist can complete assessments for community-based services on-site in order to fast track the start of services when you are discharged. The Aging Resource Specialist will also work with your discharge team to help plan for your return home.





The Aging Resource Center offers patients and families:

CONNECTION TO SERVICES

- ON-SITE ASSESSMENT FOR SEAMLESS ACCESS TO IN-HOME SERVICES
- THE OPTION FOR FOLLOW-UP AT HOME WITH YOUR COMMUNITY'S AGING NETWORK

COMMUNITY RESOURCES

- HOME DELIVERED MEALS
- BATHING AND HOUSEKEEPING ASSISTANCE
- RESPITE AND CAREGIVER SUPPORT
- ADAPTIVE EQUIPMENT
- TRANSPORTATION
- BENEFITS ASSISTANCE
- ADDITIONAL COMMUNITY RESOURCES

HEALTH INFORMATION AND EDUCATIONAL MATERIALS

- LITERATURE ON CHRONIC DISEASES
- MEDICAL MANAGEMENT RESOURCES
- HOME VISIT PHYSICIAN REFERRALS

How Do I Contact the Aging Resource Center?

Aging Resource Center

Adventist La Grange Memorial Hospital
5101 S. Willow Springs Road
La Grange, IL 60525

Phone: (708) 245-8083

Email: arc@agingcareconnections.org

Walk-in Hours: Monday-Friday 10 a.m.-3 p.m. or by appointment