CONGREGATE MEALS PROGRAM

Join us for Lunch!

Older adults (age 60+) are invited to enjoy a freshly prepared, nutritious lunch and entertaining activities.

Dates: Monday through Friday
Time: Lunch Begins at 11:30 am
Place: Salerno’s Pizzeria and Sports Bar
9301 W. 63rd Street, Hodgkins, IL
Cost: $2.50 donation
RSVP: Please call 708-354-1323 to RSVP or cancel by NOON the day prior to attendance.

Funded in part by: AgeOptions

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call (708) 354-1323.

708-354-1323 • 111 W. Harris Ave, La Grange, IL 60525 • www.agingcareconnections.org
### Salerno's Congregate Menu for Aging Care Connections - March 2020

<table>
<thead>
<tr>
<th>Monday</th>
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<tbody>
<tr>
<td>March 2</td>
<td>March 3</td>
<td>March 4 - Alternate Meal</td>
<td>March 5</td>
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<td><strong>Menu</strong></td>
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<tr>
<td>Chicken Leg Quarter - 3 oz.</td>
<td>2 Beef Tacos on WW Tortillas</td>
<td>Pulled Pork or Sloppy Joe</td>
<td>Chicken Salerno W/Mush, Onions, Gr Peppers, Potatoes, Sausage, Chicken &amp; EX Sauce - 3 oz.</td>
<td>Tilapia - 3 oz.</td>
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<tr>
<td>Stuffing W/Gravy - 1/2 C</td>
<td>W/Sour Cream, Tomatoes, Onions, Cheese, Salsa, Lettuce</td>
<td>On a Bun - 3 oz. Baked Beans - 1/2 C</td>
<td>Green Beans - 1/2 C</td>
<td>Mac and Cheese - 1/2 C</td>
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<tr>
<td>Baked Potato - 4 oz. Gr Beans - 1/2 C</td>
<td>Refried Beans - 1/2 C Spanish Rice - 1/2 C</td>
<td>Cole Slaw - 1/2 C</td>
<td>French Bread - 1 C</td>
<td>Salsa W/Tomatoes - 1 C</td>
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<tr>
<td>Cranberry Sauce - 1/2 C Milk - 8 oz.</td>
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<td>Milk - 8 oz.</td>
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<td>March 9</td>
<td>March 10</td>
<td>March 11</td>
<td>March 12</td>
<td>March 13 - Alternate Meal</td>
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<tr>
<td>Cream of Celery Soup - 3/4 C</td>
<td>Pineapple W/Cottage Cheese - 1/2 C</td>
<td>Salad W/Tomatoes - 1 C</td>
<td>Peaches - 1/2 C</td>
<td>Orange Juice - 3/4 C</td>
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<tr>
<td>March 16</td>
<td>March 17 - St. Patrick's Luncheon</td>
<td>March 18 - Alternate Meal</td>
<td>March 19</td>
<td>March 20</td>
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<tr>
<td>Sweet &amp; Sour Chicken - 3 oz.</td>
<td>Hot Corned Beef - 3 oz.</td>
<td>Hot Dog - 3 oz. or Ex Juice, on a Hard Roll - 3 oz.</td>
<td>Italian Beef W/ Gr Peppers,</td>
<td>Scrambled Eggs W/ Gr Peppers, Sausage Links - 3 oz.</td>
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<tr>
<td>Brown Rice - 1/2 C</td>
<td>Cabbage - 1/2 C Carrots - 1/2 C</td>
<td>Hamburger - 4 oz. On a Bun</td>
<td>Mashed Beans - 1/2 C</td>
<td>Roasted Potatoes - 1/2 C</td>
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<tr>
<td>Salad W/Tomatoes - 1 C</td>
<td>Peaches/Cottage Cheese - 1/2 C</td>
<td>Cole Slaw - 1/2 C</td>
<td>Tortellini Soup - 3/4 C</td>
<td>Orange Juice - 3/4 C</td>
</tr>
<tr>
<td>Baked Potato - 4 oz.</td>
<td>Rye Bread - 25 Ls.</td>
<td>Chili - 3/4 C Pickle Spear</td>
<td>Fruit Cocktail - 1/2 C</td>
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<tr>
<td>Cranberry Juice - 3/4 C</td>
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<td>French Br - 25 Ls. Milk - 8 oz.</td>
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<td>March 23</td>
<td>March 24</td>
<td>March 25</td>
<td>March 26 - Taste of Salerno's</td>
<td>March 27 - Alternate Meal</td>
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<tr>
<td>Spaghetti - 1/2 C</td>
<td>Mashed Sweet Pots 1/2 C Stuffing</td>
<td>Vesuvio Potatoes W/EX Sauce - 1/2 C</td>
<td>BBQ Chicken Breast - 2 oz.</td>
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<tr>
<td>Spinach - 1/2 C</td>
<td>Navy Bean Soup W/Pork - 3/4 C</td>
<td>Salad W/Tomatoes - 1 C</td>
<td>Salads W/Tomatoes - 1 C</td>
<td>Cola Slaw - 1/2 C</td>
</tr>
<tr>
<td>Cream of Chicken Soup - 3/4 C</td>
<td>Cranberry Sauce - 1/2 C</td>
<td>Graham Crackers - 2</td>
<td>Cr of Spinach Soup W/Romano Cheese - 3/4 C</td>
<td>Baked Beans - 1/2 C</td>
</tr>
<tr>
<td>French Br - 25 Ls. Milk - 8 oz.</td>
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To reserve call 708-354-1323
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<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>MARCH 2</td>
<td>MARCH 3</td>
<td>MARCH 4</td>
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<td>MARCH 6</td>
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<tr>
<td>10:00 A.M. - ADVISORY COUNCIL MEETING</td>
<td>12:30 P.M. - ALL COOKIES PO-KENO</td>
<td>HUG A G. I. DAY</td>
<td>12:45 P.M. - BINGO</td>
<td>12:30 P.M. - BINGO &amp; DESSERT SPONSORED BY LAGRANGE POINT</td>
</tr>
<tr>
<td>ENTER DRAWING TO WIN</td>
<td>12:45 PO-KENO</td>
<td>COLORFUL LUNCH - GREEN</td>
<td>DRAWING FOR BAG OF FROZEN FOOD</td>
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**Friday, March 6**

- **12:30 P.M.** - BINGO & DESSERT SPONSORED BY LAGRANGE POINT
- **11:00 A.M.** - DINNER & DESSERT

**Monday, March 9**

- **12:30 P.M.** - ALL PUDDING PO-KENO
- **12:45 -** ROBBER'S BINGO
- **10:00 A.M.** - BINGOCIZE
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - EASTER RAFFLE BEGINS

**Tuesday, March 10**

- **12:30 P.M.** - ALL CAKE PO-KENO
- **12:45 -** BINGO
- **10:00 A.M.** - ADULT COLORING
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - PICNIC LUNCH

**Wednesday, March 11**

- **12:30 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - PISO PO-KENO
- **12:45 P.M.** - BINGO
- **12:30 -** ALL CAKE PO-KENO

**Thursday, March 12**

- **12:30 -** ALL CAKE PO-KENO
- **12:45 -** BINGO
- **10:00 A.M.** - BINGOCIZE
- **12:45 P.M.** - BINGO
- **12:30 -** ALL CAKE PO-KENO

**Friday, March 13**

- **12:30 P.M.** - PINOCHLE OR Aces CARD GAME
- **12:30 P.M.** - BUNCO
- **12:45 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - BINGO

**Monday, March 16**

- **12:30 P.M.** - EASTER RAFFLE BEGINS
- **12:45 P.M.** - BINGO
- **10:00 A.M.** - BINGOCIZE
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - PICNIC LUNCH

**Tuesday, March 17**

- **12:30 P.M.** - ALL CAKE PO-KENO
- **12:45 -** BINGO
- **12:30 P.M.** - PICNIC LUNCH
- **12:45 P.M.** - BINGO
- **12:30 -** ALL CAKE PO-KENO

**Wednesday, March 18**

- **12:30 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - PICNIC LUNCH
- **12:45 P.M.** - BINGO
- **12:30 -** ALL CAKE PO-KENO

**Thursday, March 19**

- **12:30 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - PICNIC LUNCH
- **12:45 P.M.** - BINGO
- **12:30 -** ALL CAKE PO-KENO

**Friday, March 20**

- **12:30 P.M.** - PICNIC LUNCH
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - PICNIC LUNCH
- **12:45 P.M.** - BINGO
- **12:30 -** ALL CAKE PO-KENO

**Monday, March 23**

- **12:30 P.M.** - HOUSEHOLD ITEMS PO-KENO
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - PICNIC LUNCH
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - PICNIC LUNCH

**Tuesday, March 24**

- **12:45 P.M.** - BINGO
- **10:00 A.M.** - BINGOCIZE
- **12:45 P.M.** - BINGO
- **10:00 A.M.** - BINGOCIZE
- **12:45 P.M.** - BINGO

**Wednesday, March 25**

- **12:30 P.M.** - CANASTA CARD GAME
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - CANASTA CARD GAME
- **12:45 P.M.** - BINGO
- **12:30 -** ALL CAKE PO-KENO

**Thursday, March 26**

- **12:30 P.M.** - CANASTA CARD GAME
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - CANASTA CARD GAME
- **12:45 P.M.** - BINGO
- **12:30 -** ALL CAKE PO-KENO

**Friday, March 27**

- **12:30 P.M.** - CANASTA CARD GAME
- **12:45 P.M.** - BINGO
- **12:30 P.M.** - CANASTA CARD GAME
- **12:45 P.M.** - BINGO
- **12:30 -** ALL CAKE PO-KENO

**Monday, March 30**

- **12:45 P.M.** - PO-KENO
- **12:45 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:45 P.M.** - BINGO

**Tuesday, March 31**

- **12:45 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:45 P.M.** - BINGO

**Wednesday, April 1**

- **12:45 P.M.** - BINGO
- **12:45 P.M.** - BINGO
- **12:45 P.M.** - APRIL FOOLS' DAY
- **12:45 P.M.** - APRIL FEVER
- **12:45 P.M.** - APRIL FOOLS' DAY

**Thursday, April 2**

- **12:45 P.M.** - APRIL FOOLS' DAY
- **12:45 P.M.** - APRIL FEVER
- **12:45 P.M.** - APRIL FEVER
- **12:45 P.M.** - APRIL FEVER
- **12:45 P.M.** - APRIL FEVER

**Friday, April 3**

- **12:45 P.M.** - APRIL FOOLS' DAY
- **12:45 P.M.** - APRIL FEVER
- **12:45 P.M.** - APRIL FEVER
- **12:45 P.M.** - APRIL FEVER
- **12:45 P.M.** - APRIL FEVER

**SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS - MARCH 2020**