MEMORY CAFÉ-SALERNO’S

Join us at our Memory Café, a social gathering for people living with dementia and their caregivers. Come and socialize with other individuals who are caregivers, enjoy a meal together, and participate in fun activities in a safe and relaxing atmosphere.

Memory cafes exist to help shoulder a bit of the burden and provide community, activities and information for both the caregiver and the person with dementia.

Date: Third Tuesday of every month
Time: 10:00am - Program
       11:30am - Lunch
Place: Salerno’s Pizzeria & Sports Bar
       9301 W. 63rd St, Hodgkins, IL
Cost: FREE

Registration: Contact Jessica Haines at
                  jhaines@agingcareconnections.org or
                  708-603-2260 to RSVP.

SAVE THE DATE

October 15    Art therapy
November 19   Dance
December 17    Horticulture
January 24    Field trip (movie)
February 18   Music
March 17      Exercise
April 21      Card making
May 22        Field trip (Art/TBD)
June 16       Ceramic painting
July 21       Breaking Grounds
              Drumming
August 18     Music, Movement & Massage
September 25  Field trip (Lincoln Park Zoo)

Funded in part by: AgeOptions

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