



CAREGIVER SUPPORT PROGRAM

MEMORY CAFÉ-SALERNO'S

Join us at our Memory Café, a social gathering for people living with dementia and their caregivers. Come and socialize with other individuals who are caregivers, enjoy a meal together, and participate in fun activities in a safe and relaxing atmosphere.

Memory cafes exist to help shoulder a bit of the burden and provide community, activities and information for both the caregiver and the person with dementia.

Date: Third Tuesday of every month

Time: 10:00am - Program
11:30am - Lunch

Place: Salerno's Pizzeria & Sports Bar
9301 W. 63rd St, Hodgkins, IL

Cost: **FREE**

Registration: Contact Jessica Haines at jhaines@agingcareconnections.org or 708-603-2260 to RSVP.

SAVE THE DATE

- | | |
|--------------|----------------------------------|
| October 15 | Art therapy |
| November 19 | Dance |
| December 17 | Horticulture |
| January 24 | Field trip (movie) |
| February 18 | Music |
| March 17 | Exercise |
| April 21 | Card making |
| May 22 | Field trip (Art/TBD) |
| June 16 | Ceramic painting |
| July 21 | Breaking Grounds
Drumming |
| August 18 | Music, Movement &
Massage |
| September 25 | Field trip (Lincoln
Park Zoo) |

Funded in part by: **AGEOPTIONS**[®]

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call (708) 354-1323.

708-354-1323 • 111 W. Harris Ave, La Grange, IL 60525 • www.agingcareconnections.org