Join us at the Memory Café
The Memory Café is a casual time for individuals with memory loss and their caregivers to enjoy food, socialization and activities in a supportive and fun environment.

Date: First Wednesday of each month
Time: Program: 10:00am-11:30am
Location: Sharp Community Center
1609 36th Ave., Melrose Park, IL 60160
• Lunch provided 11:30am - 12:30pm
• Transportation assistance available. Call for information.

RSVP Required. Please contact Mattie Stevenson at 708-603-2331 or mstevenson@agingcareconnections.org to RSVP.

Funded in part by: AgeOptions

Aging Care Connections does not discriminate in admission to programs or treatment of employment in compliance with appropriate state and federal statutes. If you feel you have been discriminated against, call (708) 354-1323.
<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Wednesday, January 2</td>
<td>Laughter Yoga</td>
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<tr>
<td>Wednesday, February 6</td>
<td>Exercise</td>
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<td><strong>THURSDAY, March 14</strong></td>
<td><strong>FIELD TRIP: Drury Lane Oakbrook Ter.</strong></td>
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<td>Time: TBA</td>
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<td></td>
<td>Location: Meet the bus at Aging Care</td>
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<td>Connections 111 W. Harris Ave., LaGrange</td>
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<td>Wednesday, April 3</td>
<td>Dance</td>
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<td><strong>THURSDAY, May 9</strong></td>
<td><strong>FIELD TRIP: Morton Arboretum, Lisle</strong></td>
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<td>Wednesday, June 5</td>
<td>Watercolor Painting</td>
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<td><strong>THURSDAY, July 11</strong></td>
<td><strong>FIELD TRIP: Art Institute of Chicago</strong></td>
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<td>Wednesday, August 7</td>
<td>Radio Players</td>
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<td><strong>THURSDAY, September 26</strong></td>
<td><strong>FIELD TRIP: Memory Farm, Elburn, IL</strong></td>
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Activities subject to change