














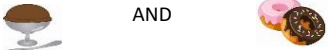

















SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS -JUNE 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 27	MAY 28	MAY 29	MAY 30 - TASTE OF SALERNO'S	MAY 31
 <p style="text-align: center; color: red; font-weight: bold;">CLOSED - MEMORIAL DAY</p>	HAMBURGER ON A BUN - 3 OZ. CHILI - 3/4C POTATO SALAD - 1/2C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.	ITALIAN BEEF OR ITALIAN SAUSAGE ON A HARD ROLL - 3OZ. BAKED BEANS - 1/2C PASTA SALAD - 1/2C PICKLED BEETS - 1/2C FRUIT - 1/2C MILK - 8 OZ.	BR PORK TENDERLOIN W/GRAVY - 3 OZ. MASHED SWEET POTATOES - 1/2C SAUERKRAUT - 1/2C CREAM OF BROCCOLI SOUP - 3/4C RYE BREAD - 2 SLS. APPLESAUCE - 1/2C MILK - 8 OZ.	HAM & SWISS CHEESE SANDWICH ON WW BREAD W/LETTUCE & TOMATO CHICKEN NOODLE SOUP - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 3	JUNE 4	JUNE 5	JUNE 6	JUNE 7 - ALTERNATE MEAL
ORANGE CHICKEN - 3OZ. BROWN RICE - 1/2C BROCCOLI - 1/2C CREAM OF CELERY SOUP - 3/4C FRENCH BREAD - 1SLS. FRUIT - 1/2C MILK - 8 OZ.	CHEESE RAVIOLI - 3OZ. ZUCHINI W/CHEESE - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 1 SLS. FRUIT - 1/2C MILK - 8 OZ.	BREADED PORK TENDERLOIN - 3 OZ. MASHED POTATOES W/GRAVY - 1/2C CABBAGE - 1/2C RYE BREAD - 2SLS. NAVY BEAN SOUP W/PORK - 3/4C APPLESAUCE - 1/2C MILK - 8 OZ.	CHICKEN PICANTE' - 3 OZ. BAKED POTATO W/SOUR CR - 4 OZ. GREEN BEANS - 1/2C FRENCH BREAD - 2 SLS. SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB W/BACON ON WW BREAD OR SUB SANDWICH ON A HARD ROLL - 3 OZ. COLE SLAW - 1/2C POTATO SALAD - 1/2C CREAM OF MUSHROOM SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 10	JUNE 11	JUNE 12	JUNE 13	JUNE 14
JULIENNE SALAD W/HAM, TURKEY, CHEESE, TOMATOES - 2 OZ.EACH CREAM OF SPINACH SOUP - 3/4C WHEAT BREAD - 2 SLS. COTTAGE CHEESE W/PINEAPPLE - 1/2C MILK - 8 OZ.	STUFFED CHICKEN BREAST - 3OZ. STUFFING W/GRAVY - 1/2C CAULIFLOWER - 1/2C SALAD W/TOMATOES - 1C VEGETABLE SOUP - 3/4C CRANBERRY SAUCE 1/2 C MILK - 8 OZ.	TILAPIA - 3OZ. MAC AND CHEESE - 1/2C GREEN BEANS - 1/2C CHICKEN ROSA MARINA SOUP - 3/4C FRENCH BREAD - 1 SLS. FRUIT - 1/2C MILK - 8 OZ.	SALISBURY STEAK W/ MUSHROOMS & ONIONS - 3OZ. MASH POTATOES W/GRAVY - 1/2C GREEN PEAS - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8 OZ.	ITALIAN BEEF SAND W/GR PEPPERS ON A HARD ROLL - 3 OZ. POTATO SALAD - 1/2C PASTA SALAD - 1/2C BAKED BEANS - 1/2C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 17	JUNE 18 - ALTERNATE MEAL - PICNIC	JUNE 19	JUNE 20	JUNE 21
EXT THIN CRUST PIZZA W/CHEESE, SAUSAGE, MUSHROOMS, GR PEPPERS, ONIONS - 2 OZ. EACH CHICKEN RICE SOUP - 3/4C COTTAGE CHEESE W/PEACHES SALAD W/TOMATOES - 1C MILK - 8 OZ.	HAMBURGER OR HOT DOG ON A BUN - 3 OZ CHILI - 3/4C COLE SLAW - 1/2C PICKLED BEETS - 1/2C CORN ON THE COB - 1/2C WATERMELON - 1/2C MILK - 8 OZ.	CHICKEN LEG QUARTER - 3 OZ. ROASTED POTATOES - 1/2C SPINACH - 1/2C TORTELINI SOUP - 3/4C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	SWEDISH MEATBALLS W/EXTRA GRAVY - 3 OZ. CORN - 1/2C BUTTERED NOODLES - 1/2C FRENCH BREAD - 2 SLS. SALAD W/TOMATOES - 1C FRUIT - 1/2 MILK - 8 OZ.	CHICKEN MARSALA - 3 OZ. BROWN RICE W/GRAVY - 1/2C GREEN BEANS - 1/2C CREAM OF BROCCOLI SOUP - 3/4C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 24	JUNE 25	JUNE 26	JUNE 27 - TASTE OF SALERNO'S	JUNE 28
ITALIAN SAUSAGE - 3 OZ. SPAGHETTI - 1/2C CORN - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 4OZ. FRUIT - 1/2C MILK - 8OZ.	CHICKEN TACOS, 2, ON WW TORTILLA W/LETTUCE, TOMAOES, ONIONS, CHEESE, SALSA, SOUR CREAM - 3 OZ. SPANISH RICE - 1/2C REFRIED BEANS - 1/2C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN VESUVIO W/EXTRA SAUCE - 3OZ. VESUVIO POTATOES W/EXTRA SAUCE - 1/2C MIXED VEGETABLES - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	CHICKEN PARMESAN - 2 OZ. MEAT BALLS - 2 OZ. MOSTICOLI - 1/2C SPINACH - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 1 SLS. FRUIT - 1/2C MILK - 8 OZ.	TALAPIA - 3 OZ. MAC AND CHEESE - 1/2C GREEN PEAS - 1/2C TOMATO RICE SOUP - 3/4C FRENCH BREAD - 2LS. FRUIT - 1/2 MILK - 8 OZ.

TO RESERVE CALL 708-354-1323

SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS -JUNE 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 27 - CLOSED MEMORIAL DAY  <p>THANK YOU !</p>	 NATIONAL HAMBURGER DAY - LOOK UNDER YOUR PLATE FOR A PRIZE 12:45 P.M. - FORTUNE BINGO 	 12:30 P.M. - BRAIN GAMES	 12:45 P.M. - BINGO	12:30 P.M. - ACES CARD GAME  MACAROON COOKIE DAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 3 10:00 A.M. - ADVISORY COUNCIL MEETING 12:45 P.M. - - EVERYTHING CHOCOLATE BINGO 	JUNE 4  10:30 A.M. - BOOK CLUB MEETS 12:45 P.M. - FORTUNE BINGO 	JUNE 5 10:00 A.M. - BINGOCIZE 12:30 P.M. - ACES CARD GAME 	JUNE 6 NATIONAL YO-YO DAY - 2 WINNER!  12:45 P.M. - MYSTERY BINGO	JUNE 7 NATIONAL DOUGHNUT DAY AND  CHOCOLATE ICE CREAM DAY - DONATION \$1.00
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 10 12:45 P.M. - ALL HOUSEHOLD GOODS PO-KENO 	JUNE 11 12:45 P.M. - FORTUNE BINGO 	JUNE 12  PEANUT BUTTER COOKIE DAY DONATION - 50 CENTS	JUNE 13 FATHER'S DAY CELEBRATION  12:45 - BINGO 	JUNE 14  FLAG DAY - BRING A FLAG - 2 WINNERS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 17 12:45 P.M. - ALL COOKIE BINGO 	JUNE 18 PICNIC - ENJOY YOUR LUNCH ON THE PATIO 12:45 P.M. - FORTUNE BINGO 	JUNE 19 12:30 P.M. - HEARTLAND BANK SPONSORS BINGO 	JUNE 20 ROOT BEER FLOAT - DONATION \$1.00  12:45 P.M. - BINGO	JUNE 21 COLORFUL LUNCH - PINK - MUST BE A TRUE PINK - 2 WINNERS 
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 24 12:45 P.M. - EVERYTHING CANDY PO-KENO 	JUNE 25  12:45 P.M. - FORTUNE BINGO	JUNE 26 12:30 P.M. - ACES CARD GAME 	JUNE 27 SUN GLASSES DAY - 3 WINNERS  12 NOON - PRESENTATION - HUMANA - AGING HAPPILY 12:45 P.M. - BINGO 	JUNE 28  12:30 P.M. - BOARD GAME