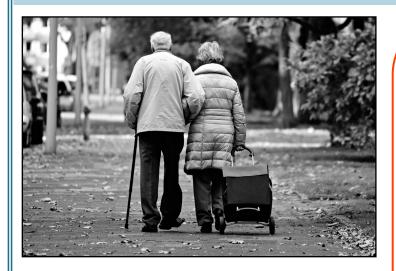




SEMINAR AND A SNACK SERIES

WHAT'S UP WITH FALLING DOWN?



Join us for this balance and stability class designed by physical therapists to help you become more educated in preventing falls.

Hello Neighbors, Join Us!

Date: Thursday, August 22, 2019

Time: 10:00am

Location:

Aging Care Connections 111 W. Harris Avenue La Grange, IL 60525

Cost: FREE!

RSVP: Registration required.

Contact Renata Vitali at rvitali@agingcareconnections.org or 708-603-2277 to register or if you have questions.





TELL YOUR FRIENDS!



RESERVATIONS REQUIRED

Developed with funding from Community Memorial Foundation, Aging Care Connections' Aging Well Neighborhood program brings together older adults, businesses, and healthcare and social services to create a "Health Neighborhood" that promotes life-long wellness, supports aging at home, addresses chronic conditions, offers health education, and helps build an age-friendly community.