



Dear Community Member,

We need your help! During Aging Care Connections' Aging Well Month in May (Older Americans Month) we are honoring and celebrating the volunteer efforts of older adults who generously give their time to make their communities great places to age well. The honorees are recognized as **Community GEMs**—older adults **Going the Extra Mile** through volunteer work to better their community.

For Aging Well Month, community partners across the area offer fun, free, and informative seminars, activities, and events with the goal of helping older adults to age well in our communities. Recognition of Community GEMs is part of the Aging Well Month celebration and is organized by a committee of community volunteers. Aging Well Month begins with a kick-off luncheon on Wednesday, May 1, 2019 at the La Grange Country Club where we recognize and celebrate the Community GEMs.

**Are you friends/neighbors/co-workers with a GEM? If so, please let us know!**

**What is a GEM? A person from Lyons, Riverside or Proviso Townships, who is 60 + and has, or is currently, volunteering and making a difference in the lives of others. Please complete and submit the attached form.**

You can mail or email the form and digital headshot of your honoree to the Aging Well Month Committee. We will then contact each of the GEMs to ask them the following brief interview questions:

1. What are words you live by that our community should know?
2. Why is our community a great place to age?
3. The age of the Honoree, if not included on the form

**A recent digital photo should also be included with the Community GEM form.** If the Honoree does not have a current digital picture, we are happy to make arrangements to have a photo taken.

Please take some time to think of someone who would be a perfect fit for this honor. If you have any questions about Aging Well Month or the Community GEMs, please contact Jan Walch at 708-603-2245, [communitygems@agingcareconnections.org](mailto:communitygems@agingcareconnections.org) Completed forms and digital photos must be submitted by **Friday, March 1, 2019.**

Thank you for your help!

Best regards,  
The Aging Well Month Planning Committee



### COMMUNITY GEMS HONOREE FORM

Community GEMs are older adults who are Going the Extra Mile through volunteer work to better their community. Help us to find these GEMs by completing this form and sending it to the email below. Then join us and your GEM at the Aging Well Month Kick Off Luncheon on Wednesday, May 1, 2019, where we will honor them and their impact on our community.

Completed forms must be submitted by **Friday, March 1, 2019**. Please keep nominations to no more than three (3) GEMS per organization, and no honoree from 2018 can be nominated for the 2019 year. A member from the Aging Well Month Committee will contact the Community GEM once we receive your completed form to conduct a brief telephone interview.

#### GEM Information

(Please FILL Out completely and print clearly)

<b>Name</b>			<b>Age</b>	
<b>Street Address</b>				
<b>City</b>			<b>Zip</b>	
<b>Phone #</b>				
<b>Email</b>				

#### Nominator Information

(Please FILL Out completely and print clearly)

<b>Name</b>			<b>Age</b>	
<b>Street Address</b>				
<b>City</b>			<b>Zip</b>	
<b>Phone #</b>				
<b>Email</b>				



**Nominator:** Please provide details of your honoree’s volunteer work.

Organization	Position/ Role

**In 50 words or less, share the positive impact your honoree has made on the community.**


**Please mail/e-mail this completed form and a headshot photo (digital only) to:**

Aging Care Connections  
ATTN: Aging Well Month  
111 W. Harris Avenue, La Grange, IL 60525

**OR** email them to

[communitygems@agingcareconnections.org](mailto:communitygems@agingcareconnections.org)

**NOTE:** Please contact us if your honoree does not have a digital photo. We will arrange to photograph them.