
























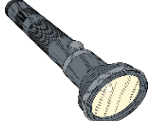








SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS -DECEMBER 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 3	December 4	December 5	December 6	December 7 - ALTERNATE MEAL
STUFFED SHELLS WITH MEAT - 3 OZ. CREAM OF CELERY SOUP - 3/4C SPINACH - 1/2C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8 OZ.	STUFFED CHICK BREAST W/GRAVY - 3 OZ ROASTED POTATOES - 1/2C CORN - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	BREADED PORK TENDERLOIN - 3 OZ. STUFFING W/GRAVY - 1/2C SAUERKRAUT - 1/2C GREEN BEANS - 1/2C CRANBERRY SAUCE - 1/2C RYE BREAD - 1 SLS. MILK - 8 OZ.	TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C MIXED VEGETABLES - 1/2C WHEAT BREAD - 1 SLS. FRUIT - 1/2C MILK - 8 OZ.	TUNA NOODLE CASSEROLE 1C OR TURKEY CLUB SAND ON WW BREAD - 3 OZ. GREEN PEAS - 1/2C TOMATO CHICK ROSA MARINA SOUP - 3/4C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.
December 10	December 11	December 12 - HOPE LUTHERAN CHURCH	December 13	December 14 - ALTERNATE MEAL
MEATLOAF - 3 OZ. MASHED POTATOES W/GRAVY - 1/2C BROCCOLI - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - M8 OZ.	BAKED SAUSAGE PAISANO (RIGATONI, SAUSAGE, MUSH, CHEESE) - 1C CREAM OF SPINACH SOUP - 3/4C GARLIC BREAD - 2 OZ. SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.	TURKEY W/GRAVY - 3OZ. MASHED SWEET POTATOES - 1/2C STUFFING - 1/2C GR BEANS - 1/2C WW BREAD - 1 SLS. CRANBERRY SAUCE - 1/2C MILK - 8 OZ.	BEEF TACOS (2) ON WW TORTILLA W/SOUR CREAM, TOMATOES, LETTUCE, CHEESE, SALSA - 3 OZ. SPANISH RICE - 1/2C REFRIED BEANS - 1/2C FRUIT - 1/2C MILK - 8 OZ.	HAM & CHEESE SAND ON RYE BREAD W/LETTUCE & TOMATO OR CHEESE PIZZA - 3 OZ. CREAM OF MUSHROOM SOUP - 3/4C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8OZ.
December 17	December 18	December 19	December 20 - CHRISTMAS LUNCH	December 21
CHICKEN PICANTE - 3 OZ. BAKED POTATO - 4 OZ. MIXED VEGETABLES - 1/2C CHICKEN ROSA MARINA SOUP - 3/4C GRAHAM CRACKERS - 2 PEACHES W/COTTAGE CHEESE - 1/2C GARLIC BREAD - 2 OZ. MILK - 8 OZ.	SALISBURY STEAK W/ MUSHROOMS & ONIONS - 3 OZ. BROWN RICE W/GRAVY - 1/2C CORN - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8 OZ.	LASAGNA - 3 OZ. BROCCOLI - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.	CHICKEN LEG QUARTER - 3 OZ. MASHED SWEET POTATOES - 1/2C GREEN BEANS - 1/2C SALAD W/TOMATOES - 1C CREAM OF POTATO SOUP - 3/4C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG ON A BUN - 3 OZ. CHILI - 1/2C COLESLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.
December 24	December 25	December 26	December 27 - TASTE OF SALERNO'S	December 28
ROAST PORK - 3 OZ. MASHED POTATOES W/GRAVY - 1/2C CORN - 1/2C SALAD W/TOMATOES - 1C RYE BREAD - 2 SLS. APPLESAUCE - 1/2C MILK - 8 OZ.	<p style="color: red; font-style: italic;">Merry Christmas!</p> 	ITALIAN BEEF W/GREEN PEPPERS ON A HARD ROLL - 3 OZ. COLE SLAW - 1/2C BAKED BEANS - 1/2C TOMATO RICE SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ.	EGG PLANT PARMIGIANA - 2 OZ. CHICKEN PARMESANA - 2 OZ. MOSTICIOLLI - 1/2C GARLIC BR - 2 SLS. SALAD W/TOMATOES - 1C CREAM OF CELERY SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ.	ITALIAN GOULASH - 3 OZ. BROCCOLI W/CAULIFLOWER - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.
December 31	January 1	January 2	January 3	January 4
SALISBURY STEAK W/ MUSHROOMS & ONIONS - 3OZ. MASHED POTATOES W/GRAVY - 1/2C CORN - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.				

TO RESERVE CALL 708-354-1323

SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS - DECEMBER 2018

MONDAY DECEMBER 3	TUESDAY DECEMBER 4	WEDNESDAY DECEMBER 5	THURSDAY DECEMBER 6	FRIDAY DECEMBER 7
<p>10:30 A.M. - ADVISORY COUNCIL MEETING</p>  <p>12:45 P.M. - PO-KENO</p>	<p>BROWN SHOE DAY - 3 WINNERS</p>   <p>12:45 P.M. - FORTUNE BINGO</p>	<p>12:30 ACES CARD GAME</p> 	<p>12:45 P.M. - MYSTERY BINGO</p> 	<p>BLUE PLATE SPECIAL LUNCH DONATION \$1.25</p> 
MONDAY DECEMBER 10	TUESDAY DECEMBER 11	WEDNESDAY DECEMBER 12	THURSDAY DECEMBER 13	FRIDAY DECEMBER 14
<p>12:45 P.M. - BINGO</p> 	<p>12:45 P.M. - FORTUNE BINGO</p> 	<p style="color: blue;">HOPE LUTHERAN CHURCH DAY</p>	<p>ICE CREAM DAY - 50 CENTS</p>   <p>12:45 P.M. - EVERYTHING CHOCOLATE BINGO</p>	<p>12:30 P.M. - CHRISTMAS AUCTION</p> <p style="color: red;">COLORFUL LUNCH - 3 WINNERS GREEN & RED</p> <p>- MUST HAVE BOTH COLORS - NO SOCKS, RIBBONS, OR HATS</p>
MONDAY DECEMBER 17	TUESDAY DECEMBER 18	WEDNESDAY DECEMBER 19	THURSDAY DECEMBER 20	FRIDAY DECEMBER 21
<p>12:45 P.M. - PO-KENO</p> 	<p>CHOCOLATE CHIP COOKIES - 50 CENTS</p>  <p>12:45 P.M. - FORTUNE BINGO</p> 	<p>BLUE BERRY MUFFIN DAY - \$1.00</p>  <p>12:30 P.M. - HEARTLAND BANK SPONSORS BINGO</p> 	<p style="color: red;">CHRITMAS LUNCH</p> <p>10:30 A.M. - PVFD - BLOOD PRESSURE & BLOOD GLUCOSE CHECKS</p>  <p>12:45 P.M. - CHRISTMAS BINGO</p>	<p>BLOOD PRESSURE CHECKS FLASH LIGHT</p> <p>2 WINNERS</p> 
MONDAY DECEMBER 24	TUESDAY DECEMBER 25 - CLOSED	WEDNESDAY DECEMBER 26	THURSDAY DECEMBER 27	FRIDAY DECEMBER 28
<p>EGG NOG DAY</p> <p>PLEASE SIGN UP IF YOU WOULD LIKE A CUP</p>   <p>12:45 P.M. - FORTUNE BINGO</p>	<p style="color: red;">MERRY CHRISTMAS</p> 	<p>10:30 A.M. - CUT OUT SNOW FLAKES -</p>  <p>RESERVATIONS BY 12/19</p>	<p>TASTE OF SALERNO'S NATIONAL FRUITCAKE DAY</p> <p>2 WINNERS</p>  <p>12:45 P.M. - BINGO</p> 	<p style="color: green;">ANYTHING YOU WANT TO DO DAY</p>
MONDAY DECEMBER 31	TUESDAY JANUARY 1	WEDNESDAY JANUARY 2	THURSDAY JANUARY 3	FRIDAY JANUARY 4
<p>NEW YEAR'S EVE PARTY</p> <p>GET OUT YOUR FANCY CLOTHES IF YOU LIKE</p>   <p>12:45 P.M. - FORTUNE BINGO</p>	<p style="font-size: 2em; font-family: cursive;">NEW YEAR'S DAY</p>	