



Congregate Meals Program

Please join us for Lunch!

Salerno's Pizzeria & Sports Bar
9301 W. 63rd Street, Hodgkins, IL
Monday—Friday
Lunch begins at 11:30am

Older adults (age 60+) are invited to enjoy a freshly prepared, nutritious lunch and entertaining activities. To view the menu, please visit www.agingcareconnections.org.

Please call 708-354-1323 to make reservations and cancellations by **NOON** the day prior to attendance.

The program is funded in part by AgeOptions and Title III-C of the Older Americans Act.



The Senior Lunch Site is operated by Aging Care Connections, in partnership with Salerno's.




Se habla español.

**Suggested
Donation
\$2.50**




SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - MAY 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 30	MAY 1	MAY 2	MAY 3	MAY 4
	STUFFED CHICKEN BREAST - 3 OZ. STUFFING W/GRAVY - 1/2C BROCCOLI - 1/2C SALAD W/TOMATOES - 1C CRANBERRY SAUCE - 1/2C FRENCH BR - 2SLS. MILK - 8 OZ.	STUFFED GR PEPPER W/TOMATO SAUCE – 3 OZ. MEAT & 1/2C RICE CORN - 1/2C CREAM OF POTATO SOUP - 3/4 C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8 OZ.	SALISBURY STEAK W/ONIONS & MUSH - 3 OZ. MASHED POTATOES W/GRAVY - 1/2C PEAS - 1/2C SALAD W/TOMATOES - 1C COTTAGE CHEESE W/PEACHES - 1/2C FRENCH BREAD - 2 SLS. MILK - 8 OZ.	CHICKEN TACOS (2) WHEAT TORTILLAS, W/CHEESE, TOMATO, LETTUCE, SOUR CREAM, & SALSA SPANISH RICE - 1/2C REFRIED BEANS - 1/2C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 7	MAY 8	MAY 9 - ALTERNATE MEAL	MAY 10	MAY 11
CHICKEN LEG QUARTER - 3 OZ. BAKED POTATO W/SOUR CREAM - 4 OZ. SPINACH - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	BREADED PORK TENDERLOIN - 3 OZ. MASHED POTATOES W/GRAVY - 1/2C SAUERKRAUT - 1/2C FRENCH BREAD - 2 SLS. APPLESAUCE - 1/2C MILK - 8 OZ.	ITALIAN BEEF OR ITALIAN SAUSAGE W/GR PEPPERS ON A HARD ROLL - 3OZ. HASHBROWN POTATOES - 1/2C CREAM OF MUSHROOM SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ.	CHICKEN CHUNKS - 3 OZ. NOODLES IN A CREAMY ALFREDO SAUCE - 1/2C GREEN BEANS - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.	GRILLED CHEESE W/BACON ON WHOLE WHEAT BREAD - 3 OZ. BAKED BEANS - 1/2C TOMATO RICE SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 14	MAY 15	MAY 16	MAY 17	MAY 18 - ALTERNATE MEAL
CHICKEN SALERNO W/SAUSAGE, MUSHROOMS, ONIONS, POTATOES – 2 OZ. OF EACH INGREDIENT CAULIFLOWER - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	PULLED PORK ON A BUN - 3OZ. ROASTED POTATOES - 1/2C BAKED BEANS - 1/2C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.	SWEDISH MEATBALLS - 3 OZ. BUTTERED NOODLES - 1/2C CREAM OF SPINACH SOUP - 3/4C PEAS AND CARROTS - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C GREEN BEANS - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	HOT DOG ON A BUN - 3OZ. OR HAMBURGER ON A BUN - 4 OZ. CHILI - 3/4C POTATO SALAD - 1/2C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 21	MAY 22	MAY 23	MAY 24 - TASTE OF SALERNO'S	MAY 25
MEAT LOAF - 3 OZ. AU GRATIN POTATOES - 1/2C MIXED VEGETABLES - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	EGGPLANT PARMIGIANA - 3 OZ. SPAGHETTI - 1/2C SPINACH - 1/2C CREAM OF CELERY SOUP - 1/2C GARLIC BREAD - 2 FRUIT - 1/2C MILK - 8 OZ.	TURKEY CLUB SANDWICH W/BACON ON WHOLE WHEAT BREAD - 3 OZ. PASTA SALAD - 1/2C COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.	LASAGNA W/MEAT - 2 OZ. CHICKEN PARMESAN - 2 OZ. FETTUCINE IN VODKA SAUCE - 1/2C SALAD W/TOMATOES - 1C BROCCOLI - 1/2C GARLIC BREAD - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.	PIZZA W/SAUSAGE, MUSHROOMS, ONION, GREEN PEPPER - 3 OZ. MEAT, 2 OZ. VEGETABLES CHICKEN ROSA MARINA SOUP - 3/4C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 28	MAY 29	MAY 30	MAY 31	JUNE 1
CLOSED - MEMORIAL DAY 	RAVIOLI W/CHEESE - 3 OZ. ZUCCHINI W/TOMATOES - 1/2C NAVY BEAN SOUP W/PORK - 3/4C GARLIC BREAD - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.	JULIAN SALAD W/MEAT, CHEESE, TOMATO - 2 C CREAM OF SPINACH SOUP - 3/4C GRAHAM CRACKERS - 2 GARLIC BR - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.	BBQ CHICKEN LEG QUARTER - 3 OZ. POTATO SALAD - 1/2C BAKED BEANS - 1/2C SALAD W/TOMATOES - 1C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	

TO RESERVE CALL 708-354-1323

SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS - MAY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 30 12:45 P.M. - SURPRISE PO-KENO 	MAY 1 12:45 P.M. - FORTUNE BINGO 	MAY 2 12:30 P.M. - ACES CARD GAME 	MAY 3 12:45 P.M. -- MYSTERY BINGO 	MAY 4 CINCO DEMAYO CELEBRATION 
MAY 7 12:45 P.M. - PO-KENO 	MAY 8 12:45 P.M. - FORTUNE BINGO 	MAY 9 12:30 P.M. - ACES CARD GAME 	MAY 10 MOTHER'S DAY CELEBRATION  12:45 P.M. - BINGO	MAY 11 12:45 P.M. LET'S MAKE A DEAL 
MAY 14 12 NOON - LAURA WALSH NUTRITIONIST ANTI-OXIDANTS  12:45 P.M. - PO-KENO	MAY 15 12:45 P.M. - FORTUNE BINGO  NATIONAL CHOCOLATE CHIP COOKIE DAY 	MAY 16 COLORFUL LUNCH - PURPLE - 3 WINNERS NO RIBBONS, SHOES, SOCKS, HATS BOWS, SHOES - ONLY SHIRTS (NO WRITING) OR PANTS  - MUST BE TRUE DEEP PURPLE HEARTLAND BANK SPONSORS BINGO - 12:45	MAY 17 12:45 - BINGO 	MAY 18 12:30 P.M. - ICE CREAM SOCIAL - 50 CENT DONATION 
MAY 21 12:45 P.M. - PO-KENO 	MAY 22 12:45 P.M. - FORTUNE BINGO 	MAY 23 CHEESE CAKE - \$1.00 DONATION  12:45 - BUNCO 	MAY 24 MEMORIAL DAY CELEBRATION  12:45 P.M. - BINGO	MAY 25 NATIONAL SPARKLING JUICE DAY - NO DONATION 
MAY 28 CLOSED MEMORIAL DAY 	MAY 29 12:45 P.M. - FORTUNE BINGO 	MAY 30 12:30 YAHTZEE  FRENCH SILK PIE - DONATION \$1.00	MAY 31 12:45 P.M. - BINGO 	JUNE 1 