



Savvy Caregiver Program

The Savvy Caregiver is an educational program for family members caring for someone with Alzheimer's disease or another dementia at home.

This 6-week series will help you better understand the changes your loved one is experiencing. You will also learn how to provide individualized care throughout the progression of the disease. You will receive a manual to refer to at home and will have "homework" to complete between weekly sessions. This will give you the opportunity to apply your knowledge, practice new skills, and identify areas where further support is needed.

When: Mondays, 4:00-6:00 pm

June 12, 2017
June 19, 2017
June 26, 2017
July 3, 2017
July 10, 2017
July 17, 2017

Where:

Aging Care Connections
111 W Harris Avenue
La Grange, IL 60525

Facilitators: Kathleen McKenzie, LCSW and Rebecca Sperling, Caregiver Specialist

Registration: Contact Kathleen McKenzie at kmckenzie@agingcareconnections.org or 708-603-2328 to register and receive further information.

Class size is limited. Registrations will be accepted until class is full or June 5, 2017.

