



Congregate Meals Program

Salerno's Pizzeria & Sports Bar
9301 W. 63rd Street, Hodgkins, IL
Monday—Friday
Lunch begins at 11:30am



Older adults (age 60+) are invited to enjoy a freshly prepared, nutritious lunch and entertaining activities. To view the menu, please visit www.agingcareconnections.org.

Please call 708-354-1323 to make reservations and cancellations by **NOON** the day prior to attendance.

The program is funded in part by AgeOptions and Title III-C of the Older Americans Act.







The Senior Lunch Site is operated by Aging Care Connections, in partnership with Salerno's.
Se habla español.





























SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - JUNE 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			JUNE 1 ORANGE CHICKEN - 3 OZ. BROWN RICE - 1/2C SALAD W/TOMATOES - 1C MIXED VEGETABLES - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	JUNE 2 SLOPPY JOE ON A BUN - 3OZ. PASTA SALAD - 1/2C PICKLED BEETS - 1/2C BAKED BEANS - 1/2C FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 5 HAM - 3OZ. AU GRATIN POTATOES - 1/2C GREEN BEANS - 1/2C CREAM OF MUSHROOM SOUP - 3/4C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ.	JUNE 6 SWEDISH MEATBALLS IN GRAVY - 3OZ. BUTTERED NOODLES - 1/2C PEAS AND CARROTS - 1/2C CUCUMBER SALAD - 1/2C GARLIC BREAD - 2 IOZ. FRUIT - 1/2C MILK - 8 OZ.	JUNE 7 - ALTERNATE MEAL POLISH SAUSAGE ON A BUN OR HAMBURGER ON A BUN - 3 OZ. POTATO SALAD - 1/2C COLESLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ.	JUNE 8 CHICKEN SALERNO - 1C; 3 OZ. MEAT, 1/2C POTATOES W/GREEN PEPPERS BROCCOLI W/CHEESE - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 2 OZ. GRAHAM CRACKERS - 2 FRUIT - 1/2C MILK - 8 OZ.	JUNE 9 - ALTERNATE MEAL ITALIAN GOULASH - 1C - 3 OZ. MEAT CORN - 1/2C SPINACH - 1/2C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8 OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 12 CHICKEN QUARTERS - 3 OZ. ROASTED POTATOES - 1/2C STUFFING - 1/2C CAULIFLOWER W/CHEESE - 1/2C FRENCH BREAD - 2 SLS. CRANBERRY SAUCE - 1/2C MILK - 8 OZ.	JUNE 13 TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C SALAD - 1C ZUCHINNI W/TOMATOES - 1/2C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8 OZ.	JUNE 14 EGGPLANT PARMIGIANA - 3 OZ. CHEESE MOSTICIELLI - 1/2C GREEN BEANS - 1/2C CREAM OF CELERY SOUP - 3/4C GARLIC BREAD - 2 OZ. FRUIT - 1/2C MILK - 8 OZ.	JUNE 15 PORK TENDERLOIN IN GRAVY - 3OZ. SCALLOPED POTATOES - 1/2C BOILED CABBAGE - 1/2C RYE BREAD - 2SLS. APPLESAUCE - 1/2C MILK - 8 OZ.	JUNE 16 MEATLOAF - 3OZ. MASHED POTATOES - 1/2C FRENCH BREAD - 2 SLS. PEAS - 1/2C FRUIT - 1/2C MILK - 8 OZ. <div style="text-align: right;"></div>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 19 STUFFED CHICKEN BREAST - 3OZ. STUFFING - 1/2C GARLIC BREAD - 2OZ. SALAD W/TOMATOES - 1C BROCCOLI - 1/2C CRANBERRY SAUCE - 1/2C MILK - 8OZ.	JUNE 20 SWISS STEAK W/ONIONS & MUSHROOMS - MUSHROOMS - 3 OZ. BAKED POTATO CHICKEN RICE SOUP - 3/4C CORN - 1/2C PICKLED BEETS - 1/2C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8 OZ.	JUNE 21 - ALTERNATE MEAL ITALIAN BEEF OR ITALIAN SAUSAGE ON A HARD ROLL- W/GREEN PEPPERS-3OZ. COLESLAW - 1/2C BAKED BEANS - 1/2C POTATO SALAD - 1/2C JELLO W/ FRUIT - 1/2C MILK - 8 OZ.	JUNE 22 LASAGNA W/MEAT AND CHEESE - 3 OZ. GREEN BEANS - 1/2C SALAD W/TOMATOES - 1C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8OZ.	JUNE 23 TURKEY IN GRAVY - 3OZ. MASHED SWEET POTATOES - 1/2C STUFFING - 1/2C FRENCH BREAD - 2 SLS. MIXED VEGETABLES - 1/2C CRANBERRY SAUCE - 1/2C MILK - 8OZ.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 26 PULLED PORK ON A BUN - 3OZ. ROASTED POTATOES - 1/2C BAKED BEANS - 1/2C SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8OZ.	JUNE 27 FETTUCINE ALFREDO With 3 OZ. CHICKEN - 1C SPINACH - 1/2C GARLIC BREAD - 2 OZ. MINNESTRONE SOUP - 3/4C COTTAGE CHEESE W/PEACHES - 1/2C MILK - 8OZ.	JUNE 28 SALISBURY STEAK W/MUSHROOMS AND ONIONS - 3OZ. MASHED POTATOES W/GRAVY - 1/2C CAULIFLOWER - 1/2C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8OZ.	JUNE 29 - Taste of Salerno's CHICKEN PARMESAN - 2 OZ. CHICKEN PICANTE' - 2OZ. BAKED MOSTICIELLI - 1/2C CARROTS - 1/2C GARLIC BREAD - 2OZ. SALAD W/TOMATOES - 1C FRUIT - 1/2C MILK - 8 OZ.	JUNE 30 PIZZA W/ 2OZ. CHEESE, 2 OZ. SAUSAGE, 2OZ. GREEN PEPPER, AND 2OZ. MUSHROOMS CREAM OF CELERY SOUP - 3/4C COLESLAW - 1/2C FRUIT - 1/2C MILK - 8OZ.

TO RESERVE CALL 708-354-1323

SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS June 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			JUNE 1	JUNE 2
			12:45PM - LET'S MAKE A DEAL BINGO 	NATIONAL DOUGHNUT DAY - FREE TREAT 
			 FLIP A COIN - 3 WINNERS	12:30 PM - ACE CARD GAME
JUNE 5	JUNE 6	JUNE 7	JUNE 8	JUNE 9
BINGO BLOW-OUT W/TREATS 2 SESSIONS 10:30:00 AM & 12:45 PM 	 NATIONAL YO-YO DAY 3- WINNERS FORTUNE BINGO 12:45 PM	CHOCOLATE ICE CREAM - .50 CENTS  12:30 PM - BUNCO 	12 NOON - NUTRITION PRESENTATION BY MAGICALLY MADE MEALS 	12:30 PM - PO KENO 
JUNE 12	JUNE 13	JUNE 14	JUNE 15	JUNE 16
12:00 NOON PRESENTATION BY CENTER FOR DISABILITY AND ELDER LAW 	12:45 PM - FORTUNE BINGO 	FLY YOUR FLAG - 3 WINNERS  12:30 PM - ACES CARD GAME	 12:45 BINGO	FATHERS DAY CELEBRATION  HAPPY FATHER'S DAY
				12:30 PM - KENO
JUNE 19	JUNE 20	JUNE 21	JUNE 22	JUNE 23
12:45 PM - BINGO 	ROOT BEER FLOATS - \$1.00  12:45 PM - FORTUNE BINGO 	12:30 PM - YAHTZEE 	 CHOCOLATE ÉCLAIR - \$1.00 1:00 - 3:30 PM DISABILITY & ELDER LAW WORKSHOP 	COLORFUL LUNCH PINK - ANY SHADE WILL DO. ANY PIECE OF CLOTHING, INCLUDING SOCKS, SHOES, RIBBON, HATS, ETC. JUST WEAR PINK 12:30 PM - BINGO 
JUNE 26	JUNE 27	JUNE 28	JUNE 29	JUNE 30
12:45 PM - BINGO 	 SUN GLASSES DAY 3 - WINNERS 12:45 PM - FORTUNE BINGO 	12:30 PM - HEARTLAND BANK SPONSORS BINGO 	12:45 PM - BINGO 	12:30 PM - PO KENO 