



Congregate Meals Program

Please join us for Lunch!

Salerno's Pizzeria & Sports Bar
9301 W. 63rd Street, Hodgkins, IL
Monday—Friday
Lunch begins at 11:30am

Older adults (age 60+) are invited to enjoy a freshly prepared, nutritious lunch and entertaining activities. To view the menu, please visit www.agingcareconnections.org.

Please call 708-354-1323 to make reservations and cancellations by **NOON** the day prior to attendance.

The program is funded in part by AgeOptions and Title III-C of the Older Americans Act.



The Senior Lunch Site is operated by Aging Care Connections, in partnership with Salerno's.






Se habla español.

**Suggested
Donation
\$2.50**






























SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS - JULY 2017



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| JULY 3 - ALTERNATE MEAL | JULY 4 - CLOSED | JULY 5 | JULY 6 | JULY 7 |
| HOT DOG OR HAMBURGER ON A BUN 3 oz COLE SLAW & POTATO SALAD - 1/2C ea BAKED BEANS - 1/2C WATERMELON - 1/2C MILK - 8 OZ. |  | STUFFED ZUCCHINI W/TOMATO SAUCE 3 oz MEAT - 2 HALVES MOSTICIOLLI - 1/2C CORN - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8 OZ. | SWEET & SOUR CHICKEN W/PINEAPPLE 3 oz MEAT BROWN RICE - 1/2C CARROTS - 1/2C FRENCH BREAD- 2 SLS. FRUIT - 1/2C MILK - 8 OZ. | JULIENNE SALAD W/3 OZ. HAM, TURKEY, CHEESE, & TOMATOES FRENCH BREAD - 2 SLS. CREAM OF POTATO SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ. |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| JULY 10 | JULY 11 | JULY 12 | JULY 13 | JULY 14 |
| SALISBURY STEAK W/ONIONS & MUSHROOMS - 3 OZ. W/GRAVY MASHED POTATOES W/GRAVY - 1/2C PEAS AND CARROTS - 1/2C FRENCH BREAD - 2SLS FRUIT - 1/2C MILK - 8 OZ. | ALFREDO FETTUCINE W/CHICKEN - 3 OZ. MEAT BROCCOLI - 1/2C SALAD - 1C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8 OZ. | PULLED PORK ON A BUN - 3 OZ. ROASTED POTATOES - 1/2C BAKED BEANS - 1/2CC COLE SLAW - 1/2C FRUIT - 1/2C MILK - 8 OZ. | CHICKEN LEG QUARTERS - 3 OZ. STUFFING - 1/2C SPINACH - 1/2C JULIENNE POTATOES - 1/2 CRANBERRY SAUCE - 1/2C FRENCH BREAD - 2SLS. MILK - 8 OZ. | HAM SALAD ON A CROISSANT - 3OZ. PASTA SALAD - 1/2C PICKLED BEETS - 1/2C CREAM OF MUSHROOM SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ. |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| JULY 17 | JULY 18 | JULY 19 | JULY 20 | JULY 21 - ALTERNATE MEAL |
| LASAGNA W/MEAT & CHEESE - 3 OZ. SALAD W/TOMATOES - 1C GREEN BEANS - 1/2C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8 OZ. | BREADED PORK TENDERLOIN IN GRAVY - 3 OZ. MASHED POTATOES - W/GRAVY - 1/2C STUFFING - 1/2C MIXED VEGETABLES - 1/2C RYE BREAD - 2 SLS. CRANBERRY SAUCE - 1/2C MILK - 8 OZ. | SWEDISH MEATBALLS - 3OZ. BUTTERED NOODLES - W/GRAVY - 1/2C CORN - 1/2C FRENCH BREAD - 2SLS. KIDNEY BEAN SALAD - 1/2C FRUIT - 1/2C MILK - 8OZ. | STUFFED CHICKEN BREAST - 3 OZ. BAKED POTATO - 1/2C PASTA SALAD - 1/2C BROCCOLI W/CHEESE - 1/2C RYE BREAD - 2 SLS. FRUIT - 1/2C MILK - 8OZ. | CHEESE PIZZA OR CHEESE & SAUSAGE PIZZA W/GR PEPPERS & MUSHROOMS - 3 OZ.MEAT, 3 OZ. CH, 2 OZ. MUSH, & 2 OZ. GR PEPPERS GREEN BEANS - 1/2C MINISTRONE SOUP - 3/4C FRUIT - 1/2C MILK - 8OZ. |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| JULY 24 | JULY 25 | JULY 26 | JULY 27 - TASTE OF SALERNO'S | JULY 28 |
| BEEF STROGANOFF - 3 OZ. BUTTERED NOODLES - 1/2C PEAS AND CARROTS - 1/2C FRENCH BREAD - 2 SLS. PEACHES & COTTAGE CHEESE- 1/2C MILK - 8OZ. | SAUSAGE W/GR PEPPERS & ONIONS - 3 OZ. SCALLOPED POTATOES - M1/2C SPINACH - 1/2C GARLIC BREAD - 2OZ. GRAHAM CRACKERS - 2 FRUIT - 1/2C MILK - 8 OZ. | TILAPIA - 3 OZ. MAC AND CHEESE - 1/2C MIXED VEGETABLES - 1/2C COLE SLAW - 1/2C FRENCH BREAD - 2SLS. FRUIT - 1/2C MILK - 8 OZ. | EGG PLANT PARMIGIANO - 2 OZ. CHICKEN PARMESAN - 2 OZ. BAKED MOSTICIOLLI - 1/2C GREEN BEANS - 1/2C SALAD - 1C GARLIC BREAD - 2OZ. FRUIT - 1/2C MILK - 8 OZ. | TURKEY CLUB ON WHEAT BREAD - 3 OZ. MEAT POTATO SALAD - 1/2C PICKLED BEETS - 1/2C CHICKEN ROSA MARINA SOUP - 3/4C FRUIT - 1/2C MILK - 8 OZ. |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| JULY 30 | AUGUST 1 | AUGUST 2 | AUGUST 3 | AUGUST 4 |
| PEPPER STEAK W/GR PEPPER, MUSHROOMS, ONIONS, - 3OZ BROWN RICE - 1/2C CORN - 1/2C FRENCH BREAD - 2 SLS. FRUIT - 1/2C MILK - 8OZ. |  |  |  |  |

TO RESERVE CALL 708-354-1323

SALERNO'S CONGREGATE ACTIVITIES FOR AGING CARE CONNECTIONS - JULY 2017

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| JULY 3 4TH OF JULY CELEBRATION PICNIC THEME. GAMES, PRIZES, CONTESTS, & MUCH MORE  | JULY 4 - CLOSED  | JULY 5 12:30 P.M. - ACES CARD GAME  | JULY 6 12:45 P.M. LET'S MAKE A DEAL BINGO  | JULY 7 12:30 P.M. - PO-KENO CHOCOLATE ICE CREAM - 50 CENTS  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| JULY 10 BINGO BLOW-OUT TWO SESSIONS OF BINGO 10:30 A.M. AND 12:45 P.M. WITH TREATS BRING YOUR TEDDY TO WORK - 3 WINNERS  | JULY 11 10:00 A.M. - ADVISORY COUNCIL MEETING 12:45 P.M. - FORTUNE BINGO  | JULY 12 12:30 P.M.- BUNCO PECAN PIE - \$1.00   | JULY 13 12:45 P.M. - MYSTERY BINGO  | JULY 14 12:30 P.M. YAHTZEE  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| JULY 17  12:45 P.M. - BINGO DREAM SICKLE - 50 CENTS  | JULY 18 12:45 P.M. - FORTUNE BINGO  | JULY 19 COLORFUL LUNCH - WHITE PANTS, BLOUSE, SHIRT ONLY 3 WINNERS  | JULY 20 12:45 P.M. - SURPRISE BINGO NATIONAL LOLLIPOP DAY  | JULY 21 12:30 P.M. - PO-KENO  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| JULY 24 12:45 P.M. - BINGO  | JULY 25 12:45 P.M. - FORTUNE BINGO  | JULY 26 12:30 P.M. - HEARTLAND BANK SPONSORS BINGO  | JULY 27 12:45 P.M. - BINGO  | JULY 28 CHEESECAKE - \$1.00  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| JULY 30 12:45 - PO-KENO  | AUGUST 1  | AUGUST 2  | AUGUST 3  | AUGUST 4  |