

Caring For Your Loved One and Yourself



Come join us for an educational session about family caregiving and learn how you can strengthen your role and help your loved one!

Kathleen McKenzie, LCSW,
Caregiver Support Supervisor at Aging Care Connections,
will provide information and facilitate discussion about:

- The Caregiver Role
- First Steps for New Caregivers
- Keys to Caring for Yourself
- The IRS of Caregiving:
Information, Respite, and Support

Wednesday, May 31st from 3:00-4:30 pm

**Wye Valley
2940 McCormick Ave
Brookfield, IL 60513**

Please RSVP to Elizabeth Glascock at 708-387-1099 or
Elizabeth.glascock@cantata.org

