



The Westchester Aging Well Team partnering with



presents

“Steady on Your Feet”

Fall Prevention Seminar

Learn Simple Ways to Reduce Your Risk of Falls

Christine Klody, PT, DPT, MPT, CSCS
Doctor of Physical Therapy/Founder of DPT Sport
www.dptsport.com

When: Wednesday, November 30, 2016
1:00 - 2:00 p.m.

Where: Mayfair Recreation
10835 Wakefield, Westchester

~Refreshments will be served ~ Bring a friend!

NEW MEMBERS ALWAYS WELCOME.

*For more information, please call Aging Care Connections
at 708-354-1323, ext. 242.*

*DPT Sport is a physical therapy clinic and custom fitness design center
located in Burr Ridge*