

**Please join us for lunch!**



***Senior Lunch Site***

**Salerno's Pizzeria and Sports Bar**

**9301 W. 63rd Street, Hodgkins**

**Seniors aged 60+ may enjoy lunch Monday through Friday from 11:30 a.m. until 12:30 p.m. for the suggested donation of \$2.00. Reservations must be made before noon the preceding business day by calling 708-354-1323.**

**Cancellations must be made by 1:00 p.m. the previous day.**

**Please visit [www.agingcareconnections.org](http://www.agingcareconnections.org) to view the monthly menu.**

**The Senior Lunch Site is operated by**

## SALERNO'S CONGREGATE MENU FOR AGING CARE CONNECTIONS FEBRUARY 2016

| MONDAY<br>FEBRUARY 1   | TUESDAY<br>FEBRUARY 2  | WEDNESDAY<br>FEBRUARY 3   | THURSDAY<br>FEBRUARY 4  | FRIDAY<br>FEBRUARY 5  |
|--|--|---|---|---|
| OVENFRIED CHICKEN QUARTERS 3OZ<br>AU GRATIN POTATOES 1/2C<br>GREEN BEANS 1/2C<br>GARLIC BREAD 2 OZ<br>PEACHES W/ COTTAGE CHEESE 1/2C<br>MILK 8 OZ<br><b>10:30 &amp; 12:45 BINGO BLOWOUT TREATS</b> | CHEESE/SAUSAGE/MUSHROOMS PIZZA AND GREEN PEPPERS 3 OZ MEAT & CHEESE 2 OZ PEPPERS, 2 OZ MUSH SALAD W/TOMATOES 1C<br>FRUIT 1/2C<br>MILK 8 OZ<br><b>10:00 ADVISORY COUNCIL MEETING 12:45 PO-KENO</b>              | BREADED PORK CUTLET W/GRAVY 3 OZ<br>SCALLOPED POTATOES 1/2C<br>MIXED VEGETABLES 1/2C<br>FRENCH BREAD 2 SLICES<br>FRUIT 1/2C<br>MILK 8 OZ<br><b>BLACK HISTORY MONTH TRIVIA-PRIZES</b>  | SALISBURY STEAK W/ONIONS & MUSHROOMS 3 OZ<br>MASHED POTATOES 1/2C<br>CORN 1/2C<br>FRUIT 1/2C<br>GARLIC GREAD 2 OZ<br>GRAHAM CRACKERS 2<br>MILK 8 OZ<br><b>10:30 PVFD BLOOD PRESSURE 12:45 BINGO</b> | ALT MEAL - STUFFED GREEN PEPPER OR BBQ CHICKEN BREAST 3 OZ<br>NAVY BEAN SOUP W/PORK 3/4C<br>BUTTERED NOODLES 1/2C<br>FRENCH BREAD 2 SLICES<br>FRUIT 1/2C<br>MILK 8 OZ<br><b>10:00-10:30 ICE CREAM FOR BREAKFAST FREE ICE CREAM</b>              |
| FEBRUARY 8   | FEBRUARY 9   | FEBRUARY 10   | FEBRUARY 11   | FEBRUARY 12   |
| SWEET AND SOUR CHICKEN W/ PINEAPPLE 3 OZ<br>BROWN RICE 1/2C<br>GREEN BEANS 1/2C<br>FRUIT 1/2C<br>FRENCH BREAD 2 SLICES<br>MILK 8 OZ<br><b>12:45 BINGO</b><br><b>APPLE PIE \$1.00</b>               | SLOPPY JOE ON A BUN 3 OZ<br>BAKED BEANS 1/2C<br>COLE SLAW 1/2C<br>POTATO SALAD 1/2C<br>FRUIT 1/2C<br>MILK 8 OZ<br><b>MARDI GRAS CELEBRATION - FREE BEADS WEAR A COSTUME-2 WINNERS</b><br><b>PACZKI'S \$.50</b> | BAKED FISH 3 OZ<br>MAC AND CHEESE 1/2C<br>SALAD W/TOMATOES 1C<br>BROCCOLI 1/2C<br>FRUIT 1/2C<br>FRENCH BREAD 2 SLICES<br>MILK 8 OZ<br><b>12:30 OLD MAID CARD GAME</b>   | HAM 3 OZ<br>MASHED SWEET POTATOES 1/2C<br>GREEN BEAN CASSEROLE 1/2C<br>FRUIT 1/2C<br>CHILI 3/4C<br>GARLIC BREAD 2 OZ<br>MILK 8 OZ<br><b>12:45 VALENTINE'S DAY BINGO</b>                             | EGGS W/GREEN PEPPERS 3 OZ EGG<br>1 SAUSAGE LINK<br>HASH BROWN POTATOES W/CHEESE 1/2C<br>FRUIT 1/2C<br>FRENCH BREAD 2 SLICES<br>MILK 8 OZ<br><b>12:30 CHECKER BOARD GAME OR LEFT, RIGHT CENTER CARD GAME</b><br><b>CHOCOLATE PUDDING - \$.50</b> |
| FEBRUARY 15  | FEBRUARY 16  | FEBRUARY 17   | FEBRUARY 18   | FEBRUARY 19   |
| <b>CLOSED</b>  | ALT MEAL - ITALIAN SAUSAGE OR ITALIAN BEEF W/GREEN PEPPERS ON A HARD ROLL 3 OZ<br>PASTA SALAD 1/2C<br>PICKLED BEETS 1/2C<br>FRUIT 1/2C<br>MILK 8 OZ<br><b>12:45 PO-KENO</b>                                    | MEATLOAF 3 OZ<br>MASHED POTATOES W/GRAVY 1/2C<br>VEGETABLE SOUP 3/4C<br>CARROTS 1/2C<br>FRUIT 1/2C<br>GARLIC BREAD 2 OZ<br>GRAHAM CRACKERS 2<br>MILK 8OZ<br><b>BE KIND TO YOUR NEIGHBOR DAY</b><br><b>CHOCOLATE PIE \$1.00</b>  | LASAGNA W/MEAT & CHEESE 3 OZ EACH<br>ZUCHINNI 1/2C<br>SALAD W/TOMATOES 1C<br>GARLIC BREAD 2 OZ<br>FRUIT 1/2C<br>MILK 8 OZ<br><b>12:45 BINGO</b>   | TUNA NOODLE CASSEROLE 1C<br>GREEN PEAS 1/2C<br>FRUIT 1/2C<br>SALAD 1 C<br>MILK 8 OZ<br><b>DOGGIE PARADE - 2 WINNERS</b>   |
| FEBRUARY 22  | FEBRUARY 23  | FEBRUARY 24   | FEBRUARY 25   | FEBRUARY 26   |
| MEATBALLS AND SPAGHETTI 3 OZ<br>SALAD W/TOMATOES 1 C<br>CAULIFLOWER W/CHEESE 1/2C<br>GARLIC BREAD 2OZ<br>FRUIT 1/2C<br>MILK 8OZ<br><b>12:45 BINGO</b>  | SLICED BEEF AND GRAVY 3 OZ<br>MASHED POTATOES 1/2C<br>MIXED VEGETABLES 1/2C<br>FRUIT 1/2C<br>FRENCH BREAD 2 SLICES<br>MILK 8 OZ<br><b>12:45 PO KENO</b>  | SLICED TURKEY W/GRAVY 3 OZ<br>EGG NOODLES W/GRAVY 1/2C<br>STUFFING 1/2C<br>CORN 1/2C<br>CRANBERRY SAUCE 1/2C<br>GARLIC BREAD 2 OZ<br>SALAD 1C<br>MILK 8 OZ<br><b>COLORFUL LUNCH - BROWN</b><br><b>CHIP AND DIP DAY - NO FEE</b> | <b>TASTE OF SALERNO'S</b><br>CHICKEN PARMESAN 2 OZ<br>MEAT RAVIOLI 2 OZ MEAT<br>MOSTACCIOLI 1/2C<br>SALAD 1C<br>BROCCOLI 1/2C<br>FRUIT 1/2C<br>GARLIC BREAD 2 OZ<br>MILK 8 OZ<br><b>12:45 BINGO</b> | CHEESE PIZZA 3 OZ<br>SALAD W/TOMATOES 1C<br>TOMATO SOUP 3/4C<br>FRUIT 1/2C<br>MILK 8 OZ   |
| FEBRUARY 29  | This menu is approved for use by Salerno's title IIC Nutrition Program. K. Leicht, RD LDN MBA  |   |   |   |
| POLISH SAUSAGE ON A BUN 3 OZ<br>VEGETABLE SOUP 3/4C<br>ROASTED POTATOES 1/2C<br>FRUIT 1/2C<br>MILK 8 OZ<br><b>12:45 MYSTERY BINGO</b><br><b>CHOCOLATE CAKE \$1.00</b>                              |  |   |   |   |