



111 West Harris Avenue
La Grange, Illinois 60525
708-354-1323

NEWS RELEASE:

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Contact: Niki Chibucos,
Director of Development and Public Relations
708-354-1323, extension 226

Aging Care Connections Offers Resources for Caregivers

La Grange, IL--Aging Care Connections, La Grange, has announced that expanded resources for caregivers of older adults and for grandparents raising grandchildren will be available at CNN Proviso Township Wellness Center, Sharp Community Center, 1609 N 36th Ave, Melrose Park; Gottlieb Hospital, 701 W North Ave, Melrose Park; the Summit Public Library, 6233 S Archer Ave, Summit; and Aging Care Connections, 111 W Harris Ave, La Grange.

A variety of programming including support groups, individual counseling, educational programming, and social events will be presented to address the many challenges facing family caregivers. Giving support to caregivers is an issue warranting attention because virtually every person will at sometime in his or her life assume this role.

Aging Care Connections is dedicated to providing respite and relieving the stress that can often accompany caregiving. "We are your partner in caregiving, providing respite, education, guidance, and peace of mind," said Ruth Folkening, Aging Care Connections caregiver specialist. "A major focus of our work is supporting caregivers of older adults who may be children, spouses, friends, or neighbors and, of course, grandparents faced with the daunting task of raising grandchildren."

(more)

For information, please contact Aging Care Connections, 708-354-1323. Programming is free, but registration is required.

Aging Care Connections is a non-profit organization which is the connection to the most comprehensive, expert information, programs and services enabling older adults to remain independent and their families to make the best, most informed decisions regarding needed care in their lives. Serving communities in Leyden, Lyons, Norwood Park, Proviso and Riverside Townships, Aging Care Connections' programs and services are made possible by community support and donations, and, in part, by the Illinois Department on Aging (IDOA), AgeOptions, Community Memorial Foundation and local United Ways. To learn more, visit www.agingcareconnections.org.



Ruth Folkening
Mattie Stevenson (left)
Aging Care Connections
Aging Care Connections Caregiver
Specialist
Caregiver Specialist

