

How Do I Contact the Aging Resource Center?

Aging Resource Center Adventist La Grange Memorial Hospital

5101 S. Willow Springs Road

La Grange, IL 60525

Phone: 708-245-8083

Email: arc@agingcareconnections.org

Walk -In Hours:

Monday - Friday

10 a.m. - 3 p.m.

(or by appointment)



Aging Resource Center

The Aging Resource Center is offered through Aging Care Connections located in downtown La Grange.

Since 1971, Aging Care Connections has provided social services to adults age 60 and older and their family members in 22 west and southwest suburban communities and elder abuse investigation in an additional ten communities in Leyden and Norwood Park Townships. Aging Care Connections is dedicated to providing care options to seniors to enhance their ability to remain as independent and productive as possible in their own communities.

Aging Care Connections is the connection to the most comprehensive, expert information, programs and services enabling older adults to remain independent and their families to make the best, most informed decisions regarding needed care in their lives.



Aging Resource Center

*Bridging the path
between hospital
and home*



What Is The Aging Resource Center (ARC)?

The Aging Resource Center offers older adults and families the opportunity to explore and secure community resources and services prior to discharge from the hospital and/or skilled care facilities.

The Aging Resource Center office is located on site at Adventist La Grange Memorial Hospital. The Aging Resource Specialist can meet with you and your family at various locations including your hospital room, family waiting rooms, or in the Aging Resource Center office.

The Aging Resource Specialist can also meet you and your family by appointment at:

- The British Home
- The Grove of La Grange Park
- Lexington Health Care of La Grange
- Meadowbrook Manor Nursing and Rehabilitation of La Grange
- Plymouth Place



What happens when I contact the ARC?

During your stay at the hospital or short-term rehab, an Aging Resource Specialist is available to talk with you about community resources and services.

The Aging Resource Specialist can speak with you and your family in person, over the phone, or via email. Together you can consider options and make decisions about what is needed when you return home.

The Aging Resource Specialist can complete assessments for community-based services on-site in order to fast track the start of services when you are discharged. The Aging Resource Specialist will also work with your discharge team to help plan for your return home.



The Aging Resource Center offers patients and families:

■ Connection to Services

- On-site assessment for seamless access to in-home services
- The option for follow-up at home with your community's aging network

■ Community Resources

- Home delivered meals
- Bathing and housekeeping assistance
- Respite and caregiver support
- Adaptive equipment
- Transportation
- Benefits Assistance
- Additional community resources

■ Health Information and Educational Materials

■ Cutting Edge Programs

The Bridge Program is an evidence-based transitional care program that assists older adults with the transition home from an acute care setting. The ARC both co-developed and continues to utilize this nationally recognized transitional care model to provide the highest quality of care to those with whom we work.

The Safe Discharge Home Program was developed to improve the transitional care experience for older adults under observation status at the hospital. This program was funded through the prestigious Practice Change Fellows Program and has contributed to the national dialogue regarding better meeting the needs of older adults transitioning home after a hospital stay under observation status.